

**Binational Hip Fest 2022 and FFN Physiotherapy Special Interest Group Program  
 Wednesday 19<sup>th</sup> October, 2022**

<b>08:00 – 8:45</b>	Registration
	<b>Hip Fracture Audit</b> Chair: Assoc Prof Catherine McDougall
<b>08:45 – 8:50</b>	Welcome + Acknowledgement of Country
<b>08:55 – 9:00</b>	My Experience of Hip Fracture Care. Mr Stephen Peterson, Consumer Representative, Safer Care Victoria
<b>09:00 – 9:10</b>	ANZHFR –10yrs in 10mins. Prof Jacqui Close
	<b>FFN Physiotherapy SIG session: Upper limb fracture rehabilitation</b> Chair: Prof Nick Taylor
<b>09:15 – 9:35</b>	Distal radius fracture rehabilitation: the role of exercise. Dr Andrea Bruder
<b>09:35 – 9:55</b>	Distal radius fracture rehabilitation after internal fixation. Dr Narelle Watson
<b>09:55 – 10:15</b>	Rehabilitation outcomes after proximal humerus fracture . Elizabeth Wintle
<b>10:15 – 1-:30</b>	Panel Discussion: What are the next questions in upper limb fracture rehabilitation? Dr Andrea Bruder, Dr Narelle Watson, Elizabeth Wintle
<b>10.30</b>	<b>Morning Tea</b>
<b>Session 2</b>	<b>Combined session with hip fracture focus</b> Chair: Dr Sarah Hurring
<b>11:30–11:50</b>	Nutrition Sprint Audit. Dr Jack Bell
<b>11:50–12:10</b>	Sip til Send- Reducing fasting times for surgical patients (pre-record). Dr Matthew Checketts
<b>12:10–12:30</b>	Impact of COVID-19 on orthopaedic nurses. Ms Anita Taylor and Ms Karen Hertz
<b>12.30- 12:50</b>	ANZHFR Acute Rehabilitation Sprint Audit. Dr Mitchell Sarkies
<b>12.50- 13:20</b>	Panel Discussion. Dr Jack Bell, Dr Sean McManus, ANZONA speaker, Dr Mitchell Sarkies
<b>13:20</b>	<b>Lunch</b>
<b>Session 3</b>	<b>FFN Physio SIG session: Enhancing patient engagement</b> Chair: Prof Cathie Sherrington
<b>14.30–14:50</b>	Prescribing home exercise for people with frailty. Dr Nicola Fairhall
<b>14:50–15:10</b>	Motivational interviewing after hip fracture. Prof Nick Taylor
<b>15:10–15:30</b>	Enhancing self-management during inpatient rehabilitation: My Therapy . Dr Christina Ekegren
<b>15:30- 15:40</b>	Panel Discussion
<b>15:40- 15:45</b>	Return to auditorium
<b>Session 4</b>	<b>Combined session with hip fracture focus</b> Chair: Prof Jacqui Close
<b>15:45 – 16:25</b>	My Hip, My Voice + Panel Discussion. Ms Elizabeth Armstrong, Mr James Wright + Consumer
<b>16:25 – 16:40</b>	Quality of Life after Hip Fracture. Prof Xavier Griffin, London, UK
<b>16:40 – 16:50</b>	ANZ Golden Hip Awards
<b>16:50</b>	Closing remarks + evaluation
<b>17:00</b>	<b>Drinks and canapés (optional)</b>